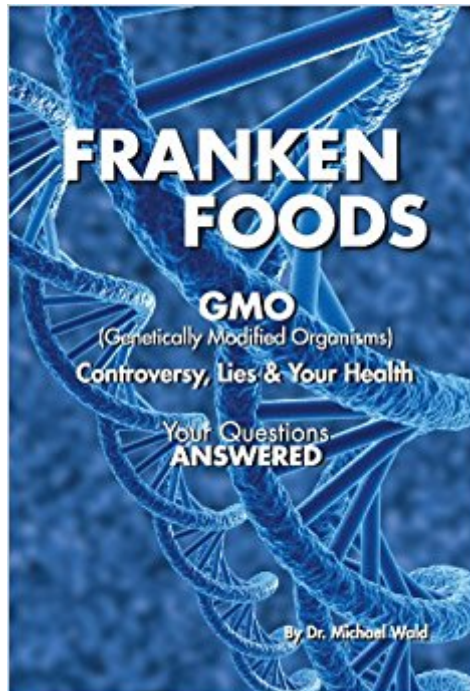




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Frankenfoods: GMO Controversy, Lies And Your Health



Synopsis

Dr. Michael Wald, author of *Frankenfoods: GMO Controversy, Lies and Your Health*, offers a riveting perspective of the GMO predicament, exploring governmental and industry cover-ups, health dangers, environmental threats, GMO-free foods plans and recipes, nutritional supplements and other practical solutions. Dr. Wald declares, "The GMO dilemma is here to stay. Anyone interested in protecting their health and that of their loved ones, friends and the planet must educate themselves and take political and personal action right now?"

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Alternative Medicine

Customer Reviews

Finally! A book on the GMO problem that actually makes sense! Dr. Wald provides the public with a well-organized book that cuts right to the heart of the GMO problem. I will recommend it to all of my patients. --Steven Zodkoy, DCAs a surgeon, professor and scholar I can honestly say that this book is an exceptional resource for anyone who wishes to get straight about what GMOs are, their potential health risks and solutions. Dr. Wald has done an extraordinary job! --Amar Singh, MD - Assistant Clinical Professor Columbia UniversityDr. Michael Wald has done the anti-GMO movement a great service! *Frankenfoods - Controversy, Lies and Your Health* is well-organized, clear and practical. I will gladly recommended it to my patients who are motivated to improve their health and longevity. --Nilay Shah, MD, Medical Director, BiologicTxAs a surgeon, professor and scholar I can honestly say that this book is an exceptional resource for anyone who wishes to get straight about what GMOs are, their potential health risks and solutions. Dr. Wald has done an

extraordinary job! --Amar Singh, MD - Assistant Clinical Professor Columbia University
Dr. Michael Wald has done the anti-GMO movement a great service! Frankenfoods - Controversy, Lies and Your Health is well-organized, clear and practical. I will gladly recommended it to my patients who are motivated to improve their health and longevity. --Nilay Shah, MD, Medical Director, BiologicTx

Dr. Michael Wald is one of the most notable leading nutrition and health experts in the world today. He is a well respected and highly sought after media personality who has appeared on ABC World News Tonight with Diane Sawyer, Fox Five National News, CNN, The Food Network, and other news and media outlets. With over twenty-five years of clinical practice and current Director of Longevity at Integrated Medicine of Mount Kisco, in Westchester, New York, Dr. Wald has provided life-changing dietary, nutrition and longevity counseling to thousands of patients. He has been nicknamed the "Blood Detective" for his keen ability to zero-in on health problems that many health practitioners, regardless of specialty, often miss. These and other qualifications allow Dr. Wald to examine the GMO issue in a manner that has never been done before...until the publication of this book! Dr. Wald himself was diagnosed as a teenager with multiple sclerosis and turned his disease around by focusing his life on wellness, including excelling at marathon running, weight training and martial arts. Dr. Nilay Shah, a neurologist colleague of Dr. Wald s says, I have never seen anyone beat their disease so effectively and help so many people from such a strong, personal passion for natural health and life. Dr. Wald is double-board certified in nutrition, and is a certified dietician-nutritionist (CDN), a certified nutritional specialist (CNS), and a certified clinical nutritionist (CCN). He earned a postgraduate degree in chiropractic (DC) from the Southern California University of Health Sciences, a masters degree (MS) in Human Nutrition from the University of Bridgeport, and a medical degree (MD) from the University of Health Sciences School of Medicine Antigua. Dr. Wald has published many successful books and hundreds of articles in the areas of longevity, disease prevention and treatment, diet and nutrition, both for laypeople and health professionals. He has lectured extensively on topics in clinical nutrition to medical and alternative health care providers throughout the US and Canada. He is past director of education for the International & American Association of Clinical Nutritionists (IAACN), the world's largest natural health nutrition organization. Most recently, Dr. Wald has focused himself upon researching genetically modified foods and the health risks that they pose. Dr. Wald warns, "Dietary factors are the number one factor influencing our health and disease predilection. GMO's, I believe, will prove to have a disastrous lifestyle influence resulting in increased disease, early death and reduced quality of life." Frankenfoods: GMO Controversy, Lies & Your Health should be part of the health

and wellness library of anyone who wants to understand the health dangers of GMO's and protect their quality of life and health.

Wow! My husband has been warning me about not eating GMO foods for some time. I think I'll get rid of that last bag of corn chips in the pantry! Dr. Michael Wald has written a comprehensive, friendly information-packed book, unique in its question and answer style. Not satisfied with only addressing the many possible health issues to human beings (and there are quite a few serious potential hazards); he also deals with issues on a political and environmental scale. In addition to a helpful list of foods we should be aware of, the book even goes so far as to give us produce code numbers, found in the supermarket, to tell us which foods have GMO's. Franken Foods, like our old friend Frankenstein, compares the "botched up" experiment of GMO foods to the "abominable" outcome of what happened when a well-meaning and perfectly researched scientific experiment resulted in Frankenstein. Dr. Wald has enormous professional credentials, along with extensive literary, television, and public speaking exposure, which makes him the perfect guy for this job. Read the book. It will change the way you eat, and quite possibly, your life.

FRANKENFOODS----Controversy, Lies and Health Risks By Dr. Michael B. Wald
A Review: Dr. Wald has written a great book on all aspects of the bombardment in our lives by genetically modified organisms (GMOs) and genetically modified foods (GMFs): how they are used, what they do, how they are produced and their inherent dangers. The book's Table of Terms help explain the common terminology in the food and health industry. Wald exposes the health risks and environmental impact of GMOs and GMFs as the book addresses and answers, in depth, a series of questions about GMOs. In addition, FRANKENFOODS explains nutritional supplementation, brain nutrition, immune regulation, hormone balance, and digestive support. It even gives several pages of easy recipes for GMO-free and gluten-free weight loss. There is an overview of the food giant Monsanto and government agencies, such as the EPA and FDA who turn a blind eye to the potential dangers to the world environment and to the human health consequences of GMOs and GMFs. As a wonderful reference book, Dr. Wald addresses: the problems with GMO nutrition; links to cancer, allergies, sudden infant death syndrome; gene modification; most common GM foods; how to identify NON-GMOs; reading produce stickers and Round Up-ready crops. FRANKENFOODS is a book we should all have in our homes.

Fikisha Cumbo
Executive Producer
CACE INT'L TV

As a blood cancer survivor not allowed to take anything but food to improve my health, I am concerned that the manipulation of my food was a contributing factor to my cancer. I now rely on good quality food, as organic as possible, to make sure I am getting as much nutrition from the foods we evolved eating and not the foods that WE have evolved into money machines for big agribusiness. This book brings these things to light and needs to be read by all people. With cancer risk as high as 1 in 3 people at lifetime risk, we need to protect our food supply.

The book Frankenfoods, GMO (genetically modified organisms) by Dr. Michael Wald is very informative and straight to the point. I learned a great deal of information reading this book. was easy to read and it goes into great detail about what exactly it is and where to it is found. It couldn't have come at a better time. It has answered all of my questions, i will be sharing the information with friends and family, great book, good read. thank you so much for taking the time to write about this matter.

I started to read this book and was blown away with all of the corruption we are living with, in the food industry. It was shocking and disgusting to see how we are living and what we have to eat and feed our children. Fortunately there are good doctors like Dr. Wald himself, to expose the FDA and others in control of what we have to eat. We,as a body of people must and should stand up along to stop the dangers of GMO food.Make an investment in this book, and you will be investing a long and clean healthy life.Thank you Dr Wald. Keep up the good work and may God bless your talents..Well done.

The saying, "you are what you eat" could not be any more accurate than it is today! The food that we put into our bodies has the ability to promote positive health or cause inflammation eventually leading to sickness and disease. The GMO issues are very real and extremely alarming! Dr. Wald is a wealth of knowledge and a dedicated expert on the effects of food. This is a must read for all populations-we need to take back the control over the food we eat each day!

This book is perfect to answer any questions you may have about GMOs. I was familiar with some of the information from reading other books, but Dr. Wald's book has really increased my knowledge base. He breaks things down clearly and concisely so that the information in it is easy to grasp for everyone. This will be a great reference tool for anyone who eats for years to come! I would suggest that if you food shop, cook or eat you should read this book and seriously consider the effects of the

food you are putting into your body.

This book is incredibly informative. It gives clear, proven information about the GMO process, myths, and affects on our health. It is written clearly and is scientific yet easy to read and understand. He also gives very useful suggestions about how to protect ourselves. This is an important book for people who are wanting to take personal responsibility for their health!

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